

Agility Test

The agility test is five tasks, each a simulation of what a firefighters may be called upon to perform in the line of duty. None of these tasks require special training nor, pose any safety hazard to the applicant. Candidates must complete these tasks in less than seven minutes. Failure to complete all tasks in set order within the time frame may disqualify the applicant from further consideration for employment.

The tasks are timed events which will be completed sequentially. The course and time start, when the applicant picks up the high rise hose pack in Task 1, and will stop when the applicant and victim completely cross the finish line in Task 5. The applicant should wear physical fitness clothing for the test. The Lee County Fire Department will furnish the following equipment that must be worn by each applicant; helmet, gloves, and Self Contained Breathing Apparatus.

It is recommended that the applicant begin exercising before taking the test. The applicant should stretch prior to running the test, and begin hydrating 24-48 hours in advance.

Task 1: Stair Climb with High Rise Hose Pack

The applicant will lift the high-rise hose pack, which consists of 100 feet of 1 3/4" hose. The pack is carried on the shoulder to the Second Floor. The task will end when the hose pack is dropped at the top of the stairway. **The time will remain running.**

Task 2: Hose Hoist

From the second floor the applicant will pull a 1/2" rope in a hand over hand motion to hoist a 50 foot roll of 2 1/2" fire hose. The task will end once the hose roll hits the second floor. **Time will continue to run.** The applicant will proceed down to the ground level. The applicant must contact every stair on the way down and maintain contact with the handrail.

Task 3: Forcible Entry

The applicant will step up onto the Keiser Force Machine and pick up an eight pound sledge hammer. The applicant will stand over the slide while striking it with the sledge hammer and must move it five feet. When the slide crosses the five foot mark the task will end, but the **time continues to run.**

Task 4: Hose Advance

The applicant will walk to a charged 1 3/4" fire hose and pick it up from the nozzle end. The applicant will move the hose until the line is crossed and place it on the ground. No water will be sprayed for this task. The task will end, but the time will continue to run.

Task 5: Victim Rescue

The applicant will walk over to the 150 pound victim. The applicant will have the choice of picking the victim up from underneath the arms or by using the supplied strap. The applicant will drag the victim 100 feet to the finish line. The task will be complete and time will stop once the applicant and the victim have both crossed the finish line.